

National Institute on Drug Abuse

Recovery Training and Self-help:
Relapse Prevention and Aftercare for Drug Addicts

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NIDA's Proven and Effective Relapse Prevention Approaches: Recovery Training and Self-Help and Cue Extinction.

The National Institute on Drug Abuse (NIDA) funded scientific testing proving these two approaches work, and help recovering persons stay off drugs.

The workshop(s) content / curriculum is based on the training and support materials developed by NIDA to implement the two proven effective approaches to preventing relapse. These materials are commonly known as NIDA's Technology Transfer Package (TTP), and NIDA's Research Dissemination and Application (RDA) Package on Relapse Prevention.

Dr. Thomas H. Coyne was a member of the original training team, trained to disseminate these strategies around the country in 1993. Shortly after he became a Master Trainer and lead consultant during NIDA's Training of Trainers (TOT) initiative to disseminate these packages to the field. He is one of the most, if not the most experienced trainer in the country, and have been delivering these workshops nationally for almost 20 years.