

The Association of American Colleges' Project on the Status and Education of Women

1818 R Street, N.W.
Washington, DC 20009
Telephone: (202) 387-1300

Center for Women's Policy Studies

2000 P Street, N.W., Suite 508
Washington, DC 20036-5997
Telephone: (202) 872-1770

Chesapeake Institute, Inc.

1141 Georgia Avenue, Suite 310
Wheaton, MD 20902
Telephone: (301) 949-5000

Children's Defense Fund

122 C Street, N.W.
Washington, DC 20001
Telephone: (202) 628-8787

Clearinghouse on Child Abuse and Neglect Information

P.O. Box 1182
Washington, DC 20013
Telephone: (703) 385-7565

Clearinghouse on Family Violence Information

P.O. Box 1182
Washington, DC 20013
Telephone: (703) 821-2086

National Center on Child Abuse and Neglect (NCCAN)
330 C Street, S.W.
Washington, DC 20201
Telephone: (202) 245-0586

National Center on Women and Family Law
799 Broadway, Room 402
New York, NY 10003
Telephone: (212) 674-8200

National Coalition Against Domestic Violence
P.O. Box 15127
Washington, DC 20003-0127
Telephone: (202) 638-6388

National Coalition Against Sexual Assault (NCASA)
2848 Ontario Road, N.W.
Washington, DC 20009
Telephone: (202) 483-7165

The National Crime Prevention Council
1700 K Street, N.W. 2nd Floor
Washington, DC 20006
Telephone: (202) 466-6272

National Criminal Justice Reference Service (NCJRS)
Box 6000
Rockville, MD 20850
Telephone: (301) 251-5500 or (800) 851-3420

National Legal Aid and Defender Association (NLADA)
1625 K Street, N.W.
Washington, DC 20006
Telephone: (202) 452-0620

National Organization for Victim Assistance (NOVA)
717 D Street, N.W., Suite 200
Washington, DC 20004
Telephone: (202) 393-6682

Women's Legal Defense Fund
2000 P Street, N.W.
Washington, DC 20036
Telephone: (202) 887-0364

Appendix G -- Federal Resource Panel on Pregnant, Substance-Using Women

John J. Ambre, M.D., Ph.D.
Director Department of Toxicology and Drug Abuse
American Medical Association
Chicago, Illinois

Bertha Atelzick
Director
Agency for Health Care Policy and Research
Rockville, Maryland

Amy C. Barkin, M.S.W., M.P.H.
Policy Analyst
Office of National Drug Control Policy

Executive Office of the President
Washington, D.C.

Andrea G. Barthwell, M.D.
Medical Director
Interventions
Chicago, Illinois

Susan L. Becker
Director Division of State Programs
Center for Substance Abuse Treatment
Substance Abuse and Mental Health Services Administration
Rockville, Maryland

Raul E. Cuervo-Rubio, M.D.
Medical Advisor
Center for Substance Abuse Prevention
Substance Abuse and Mental Health Services Administration
Rockville, Maryland

Dorynne Czechowicz, M.D.
Assistant Director for Medical and Professional Affairs
Medical Affairs Branch
Division of Clinical Research
National Institute on Drug Abuse
Rockville, Maryland

Agnes H. Donahue, D.D.S., M.Sc.D., M.P.H.
Executive Director
Office on Women's Health
Office of the Assistant Secretary for Health
U.S. Public Health Service
U.S. Department of Health and Human Services
Washington, D.C.

Murray E. Durst
Manager

Substance Abuse Programs
National Council of Juvenile and Family Court Judges
University of Nevada
Reno, Nevada

Hope H. Ewing, M.D., M.S.Ed.
Director
The Born Free Project
Contra Costa County, California Department of Health Services
Martinez, California

Loretta P. Finnegan, M.D.
Senior Advisor on Women's Issues
Center for Substance Abuse Prevention
Associate Director for Medical and Clinical Affairs
National Institute on Drug Abuse
Rockville, Maryland

Glen Fischer
Program Director
The Center for AIDS and Substance Abuse Training
Falls Church, Virginia

Laurie Foudin, Ph.D.
Health Scientist Administrator
Division of Basic Research
National Institute on Alcohol Abuse and Alcoholism
Rockville, Maryland

Susan Galbraith
Legislative Representative
Legal Action Center
Washington, D.C.

Al Getz
Public Health Advisor
Division of National Treatment Demonstrations

Center for Substance Abuse Treatment
Rockville, Maryland

Rosemarie Henson, M.S.S.W., M.P.H.

HIV Program Manager
National Center for Chronic Disease Prevention and Health Promotion
Centers for Disease Control and Prevention
Atlanta, Georgia

Warren W. Hewitt, Jr.

Special Assistant to the Director
Center for Substance Abuse Treatment
Substance Abuse and Mental Health Services Administration
Rockville, Maryland

Helen V. Howerton, M.A.

Director, Strategic Planning and Special Initiatives
Office of Policy, Planning, and Legislation
Administration for Children and Families
Department of Health and Human Services
Washington, D.C.

Ellen Hutchins, M.S.W., M.P.H.

Social Work Consultant
Maternal and Child Health Bureau
Health Resources and Services Administration
Rockville, Maryland

Jag H. Khalsa, Ph.D.

Pharmacoepidemiologist
Division of Epidemiology and Prevention Research
National Institute on Drug Abuse
Rockville, Maryland

Virginia Z. Kucera, M.A.

Director
Division of Chapter Services

American Academy of Pediatrics (AAP)
Elk Grove Village, Illinois

Anna Marsh, Ph.D.

Chief Quality Assurance and Evaluation Branch
Division of State Programs
Center for Substance Abuse Treatment
Rockville, Maryland

Janet L. Mitchell, M.D., M.P.H.

Chair, TIPs Project
Chief of Perinatology
Department of Obstetrics and Gynecology
Harlem Hospital Center

New York, New York

Mark Parrino, M.P.A.
President

American Methadone Treatment Association, Inc.
New York, New York

Jay Paulsen, M.D., M.P.H.

Associate Regional Health Administrator for Clinical Affairs
U.S. Public Health Service, Region X
Seattle, Washington

Warren H. Pearse, M.D.

Executive Director
American College of Obstetricians and Gynecologists
Washington, D.C.

Herbert B. Peterson, M.D.

Chief, Women's Health and Fertility Branch Division of Reproductive Health
Center for Chronic Disease Prevention and Health Promotion
Centers for Disease Control and Prevention
Atlanta, Georgia

Elizabeth Rahdert, Ph.D.

Research Psychologist
Treatment Research Branch
Division of Clinical Research
National Institute on Drug Abuse
Rockville, Maryland

Pamela Stratton, M.D.

Special Assistant for Obstetrics Pediatric, Adolescent, and Maternal AIDS Branch
Center for Research for Mothers and Children
National Institute of Child Health and Human Development
National Institutes of Health
Rockville, Maryland

Richard Strauss

Program Analyst
Medicaid Bureau
Health Care Financing Administration
Baltimore, Maryland

Katrina Williams, M.S.W.

Clinical Social Worker
National Association of Black Social Workers
Columbia Hospital for Women
Teen Health Center
Washington, D.C.

Appendix H -- Contributors

These treatment improvement guidelines for pregnant, substance-using women were prepared using protocols and other materials that were developed by a broad range of programs from across the Nation. Many of these programs currently receive grant funds through the Center for Substance Abuse Prevention (formerly the Office for Substance Abuse Prevention [OSAP]). The Consensus Panel gratefully acknowledges the assistance of CSAP in providing access to these grantee materials. The Panel is also grateful to the many

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Programs Contributing To the TIP

Addiction Research Foundation
Toronto, Ontario, Canada

Alameda County Health Care Services Agency
Highland General Hospital Healthy Infant Program
Oakland, California

Baltimore City Health Department
Baltimore Project
Baltimore, Maryland

Beth Israel Hospital
New York, New York

Born Free Project
Dayton, Ohio

Boston Hospital
Boston, Massachusetts

Brandywine Counseling, Inc.
Small Wonders Project
Wilmington, Delaware

California Health Services Department
Sacramento, California

CASPAR, Inc.

Intervention Center
Somerville, Massachusetts
Center Point Lifestart Program
San Rafael, California
Charles R. Drew University
Los Angeles, California
Connecticut Department of Health Services
Community Health
Hartford, Connecticut
Contra Costa County Department of Health Services
Martinez, California
Deaconess Medical Center
Chemical Dependency Units
Spokane, Washington
Dimock Community Health Center
Roxbury, Massachusetts
Division of Public Health Services
Bureau of Maternal and Child Health
Concord, New Hampshire
Eden Center
Compton, California
Emory University
Atlanta, Georgia
Faulkner Hospital
Jamaica Plain, Massachusetts
Fenway Community Health Center
Boston, Massachusetts
Florida Department of Health and Rehabilitation Services
Pensacola, Florida
Framingham Union Hospital
SYNTHESIS

Framingham, Massachusetts
Genesis Family Day Treatment Program
Los Angeles, California
Georgia Addiction, Pregnancy and Parenting Program
Atlanta, Georgia
Harlem Hospital Center
Department of Obstetrics and Gynecology
New York, New York
Health Crisis Network
Miami, Florida
Health Federation of Philadelphia
Philadelphia, Pennsylvania
Heritage Hospital
Women's Addiction Program
Somerville, Massachusetts
Illinois Department of Public Health
Perinatal Addiction Program
Springfield, Illinois
Johns Hopkins Comprehensive Women's Center
Baltimore, Maryland
Lake County Health Department
Waukegan, Illinois
Lincoln Hospital Maternal Substance Abuse Services
Bronx, New York
Los Angeles County Inter-Agency Council on Child Abuse and Neglect
Los Angeles, California
Medical and Health Research Association of New York City (MIC-FPPMHRA)
Maternity Infant Care -- Family Planning Projects
New York, New York
Medical College of Pennsylvania
Philadelphia, Pennsylvania

Meharry Medical College
Department of Obstetrics and Gynecology
Nashville, Tennessee

Memorial Hospital Department of Family Medicine
Blackstone Valley Perinatal Network
Pawtucket, Rhode Island

Mendocino County Department of Public Health
Ukiah, California

Miami Valley Hospital
Dayton, Ohio

Michigan Department of Corrections Project
Transition/League of Catholic Women
Detroit, Michigan

Monterey County Department of Health
Salinas, California

Mount Zion Hospital and Medical Center
San Francisco, California

National Association for Perinatal Addiction Research and Education
Chicago, Illinois

New York City Department of Health
New York, New York

New York State Department of Health
Albany, New York

Oklahoma State Department of Health
Oklahoma City, Oklahoma

Operation PAR
St. Petersburg, Florida

Parent-Child Intervention Program
East Palo Alto, California

Presbyterian Hospital
New York, New York

Project WIN
Brighton, Massachusetts
Providence Hospital Perinatal Program
Holyoke, Massachusetts
Puget Sound Hospital
Tacoma, Washington
Sacred Heart Medical Center Foundation
New Start: Drug Free Beginnings for Moms and Babies
Eugene, Oregon
San Francisco Department of Public Health
San Francisco, California
San Mateo County Department of Health Services
San Mateo, California
Santa Clara County Health Department
Campbell, California
Santa Clara County
Perinatal Substance Abuse Treatment Program
San Jose, California
Shands Hospital
Gainesville, Florida
Snohomish Health District Community Health Division Snohomish County, Washington
Special Intervention Team Project
Snohomish County, Washington
Spectrum Addiction Services, Inc.
Worcester, Massachusetts
Spokane County Health District Family Success Program
Spokane, Washington
St. Francis Medical Center
National Addiction Project
Pittsburgh, Pennsylvania
St. Vincent's Medical Center

Hope for Families
Toledo, Ohio

Stanley Street Treatment and Resources, Inc.
Fall River, Massachusetts

State of Oregon Department of Human Resources
Children's Service Division Salem, Oregon

Tarzana Treatment Center
Tarzana, California

Thomas Jefferson University Hospital Family Center Program
Philadelphia, Pennsylvania

Toronto Hospital
Toronto, Ontario, Canada

UCLA Department of Pediatrics
Statewide Outreach Training Project
Los Angeles, California

University of Florida
College of Medicine Prenatal and Interconceptional Support of Substance-Abusing Moms Maternity and Infant Care Project
Gainesville, Florida

University of Washington Medical Center
Seattle, Washington

Washington County Department of Health and Human Services
Project Cradle
Hillsboro, Oregon

Washington State Department of Social and Health
Services Division of Alcohol and Substance Abuse
Olympia, Washington

Women's Intervention Services and Education
Pensacola, Florida

TIP Field Reviewers

Barbara Bennett, M.D.

Co-Chair, American Society for Addiction Medicine
Perinatal Addiction Committee
Corte Madera, California

Haywood L. Brown, M.D.

Associate Professor
Department of Obstetrics-Gynecology
Project Director Comprehensive Maternal/Child Health Project
Wishard Memorial Hospital
Indianapolis, Indiana

Barbara A. Brustman, Ed.D

Research Director
Perinatal Health Unit Division of Family Health
Center for Community Health
New York State Department of Health
Albany, New York

Judith C. Burnison

Executive Director
National Association for Perinatal Addiction Research and Education
Chicago, Illinois

Jane B. Chappell, R.N., M.S.N.

Director
Tri-Cap Family Health Services
Dubois-Pike-Warrick Economic Opportunity Committee, Inc.
Jasper, Indiana

Garrett H.C. Colmorgen, M.D.

Director, Maternal-Fetal Medicine
The Medical Center of Delaware
Newark, Delaware

Sheri L. Cooper

Substance Exposed Infants Coordinator

Senior Human Services Program Specialist
State of Florida
Department of Health and Rehabilitative Services
Alcohol, Drug Abuse and Mental Health
Tallahassee, Florida

Ann DeClue, M.D.
Medical Director
Columbus Hospital Women's Chemical Dependence Program
Chicago, Illinois

Mianne Edwards
Program Manager
New Jersey Department of Health
Division of Alcoholism, Drug Abuse and Addiction Services
Trenton, New Jersey

Bery Engebretson, M.D.
Executive Director
Primary Health Care, Inc.
Des Moines, Iowa

Norma Finkelstein, Ph.D.
Director
Coalition on Addiction, Pregnancy, and Parenting
Cambridge, Massachusetts

Richard K. Fuller, M.D.
Director, Division of Clinical and Prevention Research
National Institute on Alcohol Abuse and Alcoholism
Rockville, Maryland

Preston M. Gazaway, M.D.
Director of Obstetrics Center for Addiction in Pregnancy
Francis Scott Key Medical Center
Baltimore, Maryland

Kristine M. Gebbie, R.N., M.N., F.A.A.N.

Secretary of Health
Washington State Department of Health
Olympia, Washington

Catherine Gorham, C.S.W.
Project Development Specialist
Texas Commission on Alcohol and Drug Abuse
Austin, Texas

Louise Haynes, M.S.W.
Director, Office of Women's Services
South Carolina Commission on Alcohol and Drug Abuse
Columbia, South Carolina

DeLoris L-James Hunter, Ph.D.
Executive Assistant to the Director
Center for Substance Abuse Prevention
Rockville, Maryland

Ronald W. Kemp
Executive Director
Peoples Community Health Clinic, Inc.
Waterloo, Iowa

Lorraine V. Klerman, Dr. P.H.
Professor of Public Health
Department of Epidemiology and Public Health
School of Medicine
Yale University
New Haven, Connecticut

Mary Ann LaFazia
State of Washington
Department of Social and Health Services
Olympia, Washington

Robert A. MacLean, M.D.
Acting Commissioner of Health

Texas Department of Health
Austin, Texas

Karen Madry, Ph.D.
Research Specialist
Texas Commission on Alcohol and Drug Abuse
Austin, Texas

Kay Malone, R.N., C.D., M.H.S.
Nursing Supervisor
Projects Director
Brandywine Counseling, Inc.
Newark, Delaware

Jan L. Morris, M.Ed., N.C.C.
Training Administrator
Delaware Division of Alcoholism, Drug Abuse, and Mental Health
New Castle, Delaware

J. Thomas Payte, M.D.
Medical Director
Drug Dependence Associates, Inc.
San Antonio, Texas

Suzanne W. Perry
Regional Program Coordinator
Division of Alcoholism and Drug Abuse
Alaska Department of Health and Social Services
Juneau, Alaska

Nancy A. Pyle, R.N.C., M.S.N., C.P.N.P.
Coordinator Allen County, Indiana Prenatal Substance Abuse Prevention Program
Three Rivers Health Services, Inc.
Fort Wayne, Indiana

Patricia A. Redmond
Deputy Division Director for Substance Abuse Services
Georgia Substance Abuse Services

Division of Mental Health, Mental Retardation and Substance Abuse
Atlanta, Georgia

Diane E. Rogers, Ph.D.

Director

Amethyst Counseling Services

Eugene, Oregon

Carol A. Sauers, M.S.S.W.

Women's Program Administrator

Division of Substance Abuse

Kentucky Department for Mental Health and Mental Retardation

Frankfort, Kentucky

Lois A. Schipper, R.N., M.P.H.

Nurse Consultant

Maternal and Child Health Bureau

Health Resources and Services Administration

Department of Health and Human Services

Rockville, Maryland

Manuel Schydlower, M.D.

Chairman, Committee on Substance Abuse

American Academy of Pediatrics

Elk Grove Village, Illinois

Kenneth D. Stark

Director

Division of Alcohol and Substance Abuse

Washington Department of Social and Health Services

Olympia, Washington

Carolyn Suchecki, B.S., R.N.

Quality Assurance Coordinator

Connecticut Alcohol and Drug Abuse Commission

Hartford, Connecticut

Maria Vandor

Director of Women and Children's Services
New York State Division of Substance Abuse Services
New York, New York

Lor Wiener, Ph.D.

Coordinator
Pediatric HIV Psychosocial Support Program
Pediatric Branch
National Cancer Institute
Bethesda, Maryland

Lester Wright, M.D., M.P.H.

Chairman
Department of Health Administration
School of Public Health
Loma Linda University
Loma Linda, California

Appendix I -- Comprehensive Care Flow Charts

Pregnant, Substance-Using Women

Point of Entry: Alcohol and Other Drug Treatment

Patients	Assessment	Medical Withdrawal and Treatment				
All Pregnant, Substance-Using Women	Drug Use/Abuse	Alcohol	Cocaine	Opiates	Methadone	Sedative-Hypnotics
	History Duration of use Frequency, type, amount Routes of administration	Setting Inpatient Under medical supervision Follow admission procedures	Setting Inpatient most effective Follow admission procedures Medication contraindicated, except in cases of extreme agitation	Setting Outpatient or inpatient Follow admission procedures Methadone maintenance	Medical withdrawal from methadone not recommended Encourage and monitor	Setting Inpatient Under medical supervision Follow admission procedures Monitor for severe symptoms seizures, delirium

	<p>Social context of use</p> <p>Past treatment</p> <p>Support group involvement</p> <p>Consequences</p> <p>Relapse factors</p> <p>Motivation for treatment/continued use</p> <p>Refer for prenatal care</p> <p>Psychosocial</p> <p>Family history</p> <p>Support system</p> <p>Attitudes about pregnancy</p> <p>Education</p> <p>Employment</p>	<p>Monitor for S/S of AWS</p> <p>Antabuse: contraindicated</p> <p>Inpatient AOD treatment whenever possible</p> <p>Outpatient AOD treatment with special focus on pregnancy issues and drug use</p> <p>Encourage and monitor continued prenatal care</p>	<p>Inpatient AOD treatment whenever possible</p> <p>Outpatient AOD treatment if necessary, with special focus on pregnancy issues and drug use</p> <p>Encourage and monitor continued prenatal care</p>	<p>recommended with psychosocial counseling</p> <p>Medical withdrawal not recommended</p> <p>Encourage and monitor continued prenatal care</p>	<p>continued prenatal care</p>	<p>Determine risk/benefit ratio when considering use of medications</p> <p>Encourage and monitor continued prenatal care</p>
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<p>Abuse: physical, emotional, sexual</p> <p>Legal</p> <p>Current crises</p> <p>Relationship to other children</p> <p>Mental Health</p> <p>Mental status</p> <p>Psychiatric symptoms</p> <p>History of mental illness</p> <p>Suicide risk</p> <p>Family history of mental illness</p> <p>DSM-III-R diagnosis</p> <p>Treatment recommendations</p>					
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LEGEND

	Medical Caution
AOD:	Alcohol and Other Drugs
Substance-Using:	Women at risk for problems resulting from their use/abuse of alcohol and other drugs

Pregnant, Substance-Using Women

Point of Entry: Prenatal Care

Patients	Prenatal Intake	Prenatal Followup	Labor/Delivery with Prenatal Care	Labor/Delivery with No Prenatal Care	Postpartum	Neonatal	Nutrition
All Pregnant, Substance-Using Women	<p>Complete detailed health history</p> <p>Perform physical exam</p> <p>Complete family history</p> <p>Complete</p>	<p>Identify medical and psychosocial problems</p> <p>Provide health education opportunities</p> <p>Obtain random urine and/or blood toxicologies</p>	<p>Complete detailed health history</p> <p>Perform physical exam</p> <p>Query for <i>recent</i> AOD use</p> <p>Repeat</p>	<p>Follow all guidelines in previous column, if possible, plus perform:</p> <p>Sonogram</p> <p>Complete baseline laboratory tests</p>	<p>Encourage continued participation in AOD treatment</p> <p>Encourage and educate about family planning</p> <p>Permit breastfeeding in methadone-maintained mothers</p>	<p>Obtain urine and/or blood toxicologies</p> <p>Monitor for effects of drugs on the infant</p> <p>Treat appropriately, depending on drug</p>	<p>Provide for nutrition assessment</p> <p>Develop special care plans according to specific effects of each drug</p> <p>Alcohol</p> <p>Cigarettes</p> <p>Marijuana</p>

	<p>health history of baby's father, if possible</p> <p>Complete routine prenatal panel</p> <p>Complete other tests, including tuberculin test with antigen panel, urine toxicology/blood screening, and baseline sonogram</p> <p>Optional tests as needed</p> <p>Check for tracks,</p>	<p>Reinforce importance of AOD treatment</p> <p>Discuss reproductive options</p> <p>Manage common complications</p> <p>Encourage involvement of father of baby or significant other</p>	<p>hepatitis B and HIV screens and syphilis test, if previously negative</p> <p>Complete urine and/or blood toxicologies</p> <p>Follow universal precautions and OSHA standards</p> <p>Notify pediatric, nursing, and social services</p> <p>Monitor fetus</p> <p>Provide pain</p>		<p>Initiate preventive health maintenance program</p> <p>Provide for child care and parenting education</p> <p>Conduct postpartum followup</p>	<p>Review case with mother and educate her regarding special care of infant</p> <p>Encourage involvement of father of baby or significant other, and family members</p>	<p>Heroin</p> <p>Cocaine</p> <p>Other</p> <p>Provide for:</p> <p>Prevention and intervention</p> <p>Nutrition counseling</p> <p>Multivitamin and mineral supplements</p> <p>Special concerns</p>
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	<p>abscesses, poor general hygiene, poor dental hygiene, infections</p> <p>Refer for AOD treatment, social services, nutrition counseling, parenting education, employment counseling, others as needed</p> <p>Review sexual practices and provide education on safer sexual practices</p> <p>Obtain</p>		<p>managemen t</p> <p>Select delivery method</p> <p>Insert central line if needed</p>					
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	written release						
Additions for HIV-Positive Women	Refer for specific HIV medical treatment	Reinforce importance of HIV medical treatment	Provide special handling of cord, placenta, and neonate	Follow guidelines in previous column	Conduct postpartum followup	Ensure special pediatric followup	
	Conduct extensive review of symptoms	Repeat CD4 count every trimester			Breastfeeding contraindicated		
	Obtain T4 or CD4 count	Ensure special pediatric followup			Encourage continued participation with HIV specialist for medical followup for mother and infant		
					Educate mother regarding special needs of infant		
					Encourage and educate about family planning		